

ADDA BAITHAK · PRINTABLE GUIDE

Alpona pattern book

আলপনা

A take-away guide for planning offline. Use the live page for changing notices, access and timetables.

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AT A GLANCE

Plan before you leave

A printable collection of simple floor-art prompts

Rice-paste traditions vary by household

Use washable materials on a test patch first

Route or day plan

#	Stop or focus	Practical note
1	Lotus: draw a centre circle and layered petals	Check the live guide for current route and access
2	Conch: begin with a spiral and taper the shell	Check the live guide for current route and access
3	Lakshmi footprints: repeat paired heel-and-toe marks	Check the live guide for current route and access

Live guide: https://addabaithak.com/arts/alpona/?utm_source=pdf&utm_medium=guide&utm_campaign=alpona

Food, safety and checklist

Practical notes

- Use original, simple patterns.
- Keep wet surfaces clear to avoid slipping.

Checklist

- ☐ Phone and power bank
- ☐ Water and a cooling cloth
- ☐ Photo ID where required
- ☐ Cash and a payment backup
- ☐ Comfortable footwear
- ☐ Check the latest local notice

Continue online

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